

HEALTH, WELLNESS & FELLOWSHIP



Alda and Jim St James are parishioners of St. Joseph Church. They are Perpetually Professed with the Holy Family Institute, and members of the international Society of St. Paul.

Activity #1 - HEALTHY MARRIAGE AND FAMILY LIFE

"Mankind's future rests in the family more than any other society, institution, or environment." - Saint Pope John Paul II

"The welfare of the family is decisive for the future of the world and that of the Church." - Pope Francis

Take your marriage and family commitment to the next level. We will discuss:

- The Holy Family Institute
- Focusing on good media
- Pauline Spirituality
- The Spirituality of Marriage
- Living the Consecrated Life

DATE & TIME: Monday, July 10 6:30pm – 8:00 pm

PLACE: St. Joseph School Classroom, upper campus

Activity #2 - PHYSICAL AND EMOTIONAL HEALING THROUGH PRAYER AND THE SPIRIT

The life of Jesus is filled with events of healing -physical, emotional, and spiritual.

- See how Catholic Churches use Healing Rooms in their parish communities
- We will demonstrate traditional Christian healing through "Imago Christi"
- Come and be healed through the power of prayer!

DATE & TIME: Monday, July 17 6:30pm - 7:30 pm

PLACE: St. Joseph School Classroom, upper campus

**Please Call Arsie at 385-3365 to sign up and reserve your space.
(Deadline is July 9th)**